

Windridge Park ChildCare Centre
Discipline Policy

Windridge Park Preschool staff follows discipline measures that are positive and non-punitive, enabling children to develop self-control, self-confidence and ultimately self-discipline and sensitivity in their interactions with others. This behavioural guidance is appropriate to the age and development of the child who is receiving the guidance. Children's behaviour is influenced by their overall development, environment and the adults who care for them.

To promote positive behaviour, our staff will use the following guidelines and strategies:

Prevention:

1. Establish clear, consistent and simple limits.
2. Offer straightforward explanations for limits.
3. Use positive rather than negative language.
4. Focus on the behaviour, not the child.
5. When there is a choice, make a clear statement of what is expected.
6. Allow time for the child to respond to expectations.
7. Reinforce appropriate behaviours with words and gestures.
8. Scan and circulate the room to foresee problems.
9. Plan appropriate activities for the age group, and vary the program with appropriate toys and equipment.
10. Ignore minor incidents.

Intervention:

1. Gain the child's attention by eye contact and use a calm voice.
2. Remind child of limits.
3. Acknowledge feelings before setting limits.
4. Proximity touch or holding a child on one's lap can be an effective guidance tool.
5. Distract or divert attention when appropriate.
6. Demonstrate problem-solving skills.
7. Offer simple choices.
8. Use logical and natural choices.
9. Redirect.
10. Limit the use of equipment/toy.
11. In extreme cases, speak with the parent about having the child evaluated by a professional.

This discipline policy conforms to the requirements of the Child Care Licensing Regulation, Section 51.

Protection from harmful actions:

Children under the care of Windridge Park Preschool staff **will not** be subjected to any of the following actions:

1. Shoving, hitting or shaking by staff or another child, or confinement or physical restraint by another child.
2. Confinement or physical restraint by staff, except as authorized in a child's care plan if the care plan includes instructions respecting behavioural guidance. (The parents would be involved if a child's care plan was necessary for their child).
3. Harsh, belittling or degrading treatment by staff or another child, whether verbal, emotional or physical, that could humiliate the child or undermine the child's self respect.
4. Spanking or any other form of corporal punishment.
5. Separation, without supervision by a responsible adult, from other children.
6. As a form of punishment, deprivation of snacks or necessary use of a toilet.

This discipline policy conforms to the requirement of the Child Care Licensing Regulation, Section 52.